



Headteachers Newsletter

09 October 2026

Family Dinner

A huge thank you to everyone who signed up for our Family Dinner event. Bookings have now closed. We had such a brilliant response, we are having to run this over two dates and you will be contacted regarding this if you signed up. If you were unable to sign up but would still like to attend, please email admin@millfieldprimary.school to be added to the waiting list.

NR28 Big Listen survey

Thank you to everyone who has already completed the NR28 Survey. Your views help shape services and opportunities within our local community. If you haven't yet taken part, please take a look here - <https://forms.cloud.microsoft/e/bd0bi2twFp>

Everyone Active Community Offer

We are delighted to share that Millfield has been adopted by Everyone Active at Victory Gym, giving our families access to some fantastic benefits, including:

- Two weeks of free swimming
- 10% discount on children's parties
- A two-week parent membership

Please see the separate email sent this week, or visit the Everyone Active Facebook page for more information.

Toys in School

A gentle reminder that children should not bring toys, trading cards or other personal items into school unless this has been specifically agreed as a temporary support strategy by the Senior Leadership Team or SENCO. A very small number of pupils have a school-issued fidget as part of an agreed support plan. Thank you for helping us minimise distractions and prevent treasured items from being lost or damaged.

Follow Our WhatsApp Channel

Don't miss important reminders, celebrations and updates from school. To follow our WhatsApp Channel:

1. Open WhatsApp
2. Select Updates at the bottom of the screen
3. Search for Millfield Primary School NW



4. Click Follow

It's a quick and easy way to stay connected with school news.

Tempest School Photographs

A reminder that if you would like to purchase your recent Tempest school photographs, please don't forget to place your order before the deadline provided by Tempest.

Helping Your Child Manage Anxiety

It is normal for children to feel worried or anxious at times, especially when facing new experiences, changes, or challenges. Anxiety can show itself in different ways, such as difficulty sleeping, tummy aches, avoidance of activities, irritability, or needing extra reassurance. As parents and carers, one of the most helpful things you can do is listen to your child, acknowledge their feelings, and encourage them to face worries in small, manageable steps. Building routines, celebrating successes, and modelling positive coping strategies can also help children feel more confident and resilient.

The Mental Health Support Team (MHST) works with schools and families to promote emotional wellbeing and provide early support for children experiencing mild to moderate anxiety. If you have concerns about your child's worries or emotional wellbeing, please speak to your child's school for information about the support available.

Upcoming Webinars Dates and Times

Wednesday 7th October 6:30pm-7:30pm- Managing Anxiety

Friday 16th October 10:00am-11:00am- Better Sleep

Wednesday 21st October 6:30pm-7:30pm- Better Sleep

Link: <https://nhs.vc/norfolk-waveney-mhst-webinars>

A message from the Friends of Millfield – School Disco information

We are all looking forward to the disco on Tuesday, fancy dress is welcome and there will be prizes for the best dressed! However, it would be best to **avoid full face masks** as it gets very hot in the hall. The first disco is for children in Reception, Year 1 and Year 2 and is straight after school until 4pm. Please send your children in with their disco clothes in a named bag and they will get changed before the disco. The second disco is for children in Years 3 -6 and is from 4.15pm - 5.15pm. There will be a tuck shop available. The link to pay for tickets will remain open until Monday if you haven't got yours yet! Looking forward to a afternoon of spooky fun!

Winter Coats

We're delighted to share that we've been offered some vouchers brand new children's winter



coats! If you would like to be entered into the draw for a winter coat for your child/children - which you can choose yourself online and have delivered directly to your home - please complete this form to enter. This is a wonderful opportunity to ensure every child stays warm this winter.

<https://forms.cloud.microsoft/e/JqTFNbfj22>

Reminder we are closed Friday 23rd October

Thank you, as always, for your continued support.

Upcoming Dates		Reminders
Tuesday 13 th October	Halloween Discos <ul style="list-style-type: none"> YR, Y1, Y2: 3.15 - 4pm Y3, Y4, Y5, Y6: 4.15 - 5.15pm 	GP and Dentist appointments should be made outside of school hours. If you do need to make an appointment you need to submit a medication appointment form.
Thursday 15 th October	Reception 27/28 Open Evening 4.30-6.30pm	Dinners need to be booked two weeks in advance.
Friday 16 th October	Chestnut – Reading Cafe – all welcome – 8:45am-9:15am – Main Hall	
Tuesday 20 th October	YR & Y6 Height and Weight check (NHS)	